

SOUNDS DELICIOUS

With
CARNIE WILSON

Roasted Asparagus



Ingredients

Cookie sheet, foil
1.5 pounds of fresh asparagus, trimmed of woody parts on ends
1/2 tsp. of sea salt
1/4 tsp. of black pepper
1/8 tsp. of garlic powder
1 tbsp. of olive oil
1 tbsp. of melted butter
Juice squeeze of a lemon
1/4 cup of grated parmesan cheese

Recipe Directions

1. Preheat oven to 400°F. Upper third rack.
2. Place foil on a cookie sheet
3. In a big bowl, toss all ingredients **except** the parmesan cheese until well coated.
4. Spread in the same direction & single layer the asparagus on the cookie sheet.
5. Place in the preheated oven on the upper third rack.
6. Roast/bake for about 8 minutes
7. Remove sheet, sprinkle with parmesan cheese mostly across the middle of the asparagus then put back in the oven for about 2 more minutes or until the cheese is bubbly and very light golden.

Serve and enjoy!!

